

THE BAKE SHOP AND HEALTHY CHOICES

House baked pastries ask your server about today's selection	\$3.5
Toast, Bagels or English Muffins with creamery butter and preserves	\$3.5
Bagel and cream cheese (smoked salmon add \$4)	\$5
Breakfast sampler mini smoothie and yogurt parfait, breakfast pastries and fresh fruit	\$10.5
Yogurt parfait yogurt, seasonal fruit, granola, dried cranberries and toasted almonds	\$9
Market fresh cut fruit bountiful selection of the season's best	\$10
Steel cut oatmeal with brown sugar, cream and raisins	\$7
Whole grain cereal or crunch granola with cream, milk or soy milk	\$7

BREAKFAST PLATTERS

Breakfast platters are served with breakfast potatoes and toast (substitute fruit salad \$1)	
Traditional Canadian breakfast two eggs, choice of ham, bacon or sausage	\$13
Steak and eggs 6oz flat iron steak, two eggs	\$15
Omelette wrap ham and cheese omelette, tortilla wrap, salsa and sour cream (no toast)	\$10.5
Create your own omelette choose three: mushrooms, cheddar, smoked salmon, ham, bell peppers, green onions, bacon and spinach	\$14
Lumber Jack special two eggs, bacon, ham and sausage	\$16
Our breakfast sandwich toasted bagel, seared ham, eggs, cheddar cheese	\$10.5

FROM THE GRIDDLE

Stack of golden griddle pancakes warm syrup, creamery butter and powdered sugar	\$10.5
French toast with fruit compote, warm syrup, spun vanilla cream and powdered sugar	\$10.5
Belgian waffle with fruit compote, warm syrup, spun vanilla cream and powdered sugar	\$10.5
Super stack two eggs, two pancakes, two strips of bacon or two sausages	\$10.5

BREAKFAST BENNY

Traditional Benny two eggs, back bacon, English muffin, hollandaise	\$13.5
	Half order \$8.5
Smoked salmon Benny two eggs, smoked salmon, English muffin, hollandaise	\$14.5
	Half order \$9.5
Florentine Benny two eggs, spinach, English muffin, hollandaise	\$13.5
	Half order \$8.5

ON THE SIDE

Grilled ham, crisp bacon or breakfast links	\$3.5
Breakfast potatoes	\$4
Side fresh fruit salad	\$5.5
Juices orange, apple, grapefruit, cranberry or V8 juices	\$3
Freshly brewed coffee or tea	\$2.8
Genuine maple syrup	\$3
Milk non fat, 2%, soy or chocolate	\$3

OUR KITCHEN IS YOUR KITCHEN

We embrace the "our kitchen is your kitchen" philosophy. If you have a specific dietary requirement or if you'd like something not currently on the menu, please ask. If we have the ingredients we'd be pleased to accommodate the request.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness

botanica

Life is fun...eat it up